

Medical Emergency Plan

Club name: Warringah Baseball Club

Address: St Matthews Farm Reserve
South Creek Rd
Cromer, NSW 2099

Closest intersection for ambulance: Grover Ave at South Creek Rd, Cromer

Club phone number (if applicable): 0418 142 667

Club President: Kris Gailloux

First Aid Officer/Sports Trainers:

In case medical emergency the following person is in charge: Coach

Important local medical contact numbers:

Urgent Medical Emergency 000

Local doctor: Dee Why Family Medical Centre - Dee Why Grand Shopping Centre, 29-30, 15/19 Pacific Parade

Local dentist: Dee Why Family Medical Centre - Dee Why Grand Shopping Centre, 29-30, 15/19 Pacific Parade

Local hospital (public): Northern Beaches Hospital, Frenchs Forest

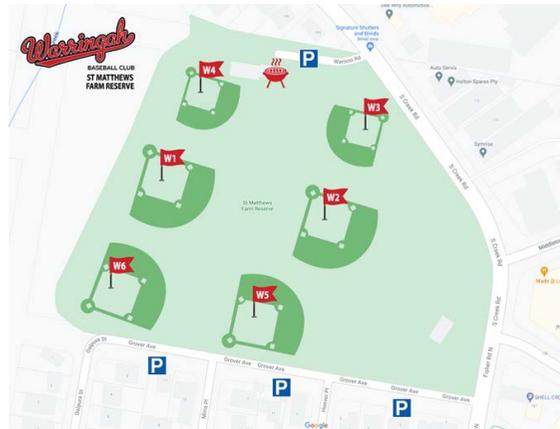
Local hospital (private):

The closest access point for an ambulance is: St Matthews Farm Reserve parking lot, near the club house

The first aid equipment is located: St Matthews Farm Canteen

Our members' medical information is located:

Map reference:



MEDICAL EMERGENCY ACTION PLAN

In the event of an emergency the following procedures should be followed for proper protocol.

REMEMBER THE WELL BEING OF THE PLAYER HAS FIRST PRIORITY

Activate this Emergency Action Plan:

1. If a player is injured, the “assigned person” or coach should immediately attend the injured player and determine the seriousness of the injury. Adopt the Stop, Talk, Observe, Prevent Further Injuries regime.
2. If the assigned person considers the injury to be serious, stop the game immediately. If it is necessary to hold-up or abandon the game whilst the player is being attended to, then this action will be fully supported by the Club.
3. If at any time a player is injured and is unconscious or has limited movement he/she should not be moved onto a stretcher, unless under the direction of someone who has sound knowledge of first aid.
4. Medical advice received by the Club is “If a person cannot get onto the stretcher unaided they should not be moved, except by qualified personnel”.
5. Commence appropriate first aid as quickly as possible after the accident or injury has occurred. Try to remain calm and think your actions through.
6. Make sure that one person is in control of the situation: i.e. the assigned person or coach, first aid person, to avoid any confusion with procedures and / or control bystanders.
7. Contact the ambulance service (dial 000) and inform them of the situation.
8. What to tell the ambulance personnel:
 - Address of the oval, nearest entrance or other relevant information.
 - The type and seriousness of injury and whether the player is conscious or unconscious.
 - Where to gain admittance - north side of Clubrooms via the parking lot.
9. Ensure the “assigned person” stays with the injured player until the ambulance arrives and takes control of the situation.
10. Make sure someone is assigned to wait at north side of Clubrooms at the end of the parking lot to meet the ambulance (you may have to unlock the chained gate so the ambulance can get onto the oval). Assigned person should know the key is in the canteen.
11. Ensure the impact area is cleared for easy access for the ambulance personnel.
12. The assigned person should gather eyewitnesses in a central location (statements may need to be taken at the end of the game depending on the nature and seriousness of the injury).
13. Provide any additional assistance as required e.g. notifying parents, collecting personal belongings etc.

ACCIDENT / INJURY REPORTING

The last step following a serious injury or incident is documentation. An Injury Report Form must be filled out for risk management and liability purposes.

1. The “assigned person” attending the injured player is to complete the Injury Report Form and submit it to the Club Secretary on the day of the injury.
2. Parents should refer to the insurance policy for details on our website to make an insurance or medical claim - BNSW Personal Injury Claim Form.
3. The reports will be kept by the Club and reviewed by the Committee on a regular basis for risk management and liability purposes.
4. Copies of the reports are to be forwarded to MWDBA and BNSW by the Club.

FIRST AID BASICS

The following basic steps outline a First Aid Protocol:

D – Danger (*Check for any danger to yourself, others or the patient*)

R – Response (*Check the patient for any signs of a response*)

S – Send for Help (*send someone for help or to call 000*)

A – Airway (*Check clear the airway*)

B – Breathing (*Check the patient for breathing*)

C – CPR (*Begin CPR*)

D – Defibrillation (*utilise a defibrillation machine if you have one*)

Injury Report Form

Name and role of person completing this form:

Signature of person completing this form:

Date:

Injury / incident

Date and time of injury / incident:

Name/s of person/s involved in the injury and their clubs/associations:

Description of injury / incident:

Witnesses (include contact details):

Reporting of the incident to club/association

Incident Reported to:

Date:

How (this form, in person, email, phone):

Follow Up Action

Description of actions to be taken: