



COVID-19 SAFETY PLAN

Warringah Baseball Club

Association/Club	Warringah Baseball Club
Ground and Club Facility Location	St Matthews Farm, Cromer
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The Warringah Baseball Club Committee is responsible for this document.	

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1. Introduction

The purpose of this COVID-19 Safety Plan (**Plan**) is to provide an overarching plan for the implementation and management of procedures by Warringah Baseball Club to support Warringah Baseball Club and its members and participants in the staged resumption of community sport and club activities.

The arrangements set out in this Plan are intended to prevent the transmission of COVID-19 among members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community. The Plan provides the framework to govern the general operation of the Warringah Baseball Club, any facilities it controls, the playing/training behaviour of all members and participants and the monitoring and reporting of the health of attendees at Warringah Baseball Club facilities.

This Plan includes, but is not limited to, the conduct of:

- a. staged training and competition activities (sport operations); and
- b. facility management and supporting operations (facility operations).

At all times the Plan is subject to all regulations, guidelines and directions of government and public health authorities.

2. Key Principles

This Plan is based on, and accepts, the AIS [Framework for Rebooting Sport in a COVID-19 Environment](#) (**AIS Framework**) and the [National Principles for the Resumption of Sport and Recreation Activities](#) (**National Principles**).

The Plan also accepts as key principles that:

- The health and safety of members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community is the number one priority;
- Members, participants, coaches, officials, administrators/volunteers, families and the broader community need to be engaged and briefed Warringah Baseball Club's return to sport plans;
- Facilities are assessed and appropriate plans are developed to accommodate upgraded hygiene protocols, physical distancing and other measures to mitigate the risk of transmission of COVID-19;
- Training cannot resume until the arrangements for sport operations and facility operations are finalised and approved, if necessary; and
- At every stage of the return to sport process Warringah Baseball Club must consider and apply all applicable State and Territory Government and local restrictions and regulations. Warringah Baseball Club needs to be prepared for any localised outbreak at our facilities, within our competitions or in the local community.

3. Responsibilities under this Plan

Warringah Baseball Club retains the overall responsibility for the effective management and implementation of the return to sport activities and operations outlined in this Plan.

The Committee of Warringah Baseball Club is responsible for:

- Approving the Plan and overseeing the implementation of the arrangements in the Plan; and
- Revising the Plan as required, ensuring it reflects up to date information from government and public health officials.

The Committee has appointed the following person as the Warringah Baseball Club COVID-19 Safety Coordinator to execute the delivery of the Plan and to act as a point of contact for information relating to this Plan:

Name	Liza Blackstone
Contact Email	secretary@warringahbaseball.com.au
Contact Number	0413831815

Warringah Baseball Club expects all members, participants, coaches, officials, administrative staff and volunteers to:

- Comply with the health directions of government and public health authorities as issued from time to time;
- Understand and act in accordance with this Plan as amended from time to time;
- Comply with any testing and precautionary measures implemented by Warringah Baseball Club;
- Act with honesty and integrity in regard to the state of their personal health and any potential symptoms; and
- Monitor their health and take a cautious approach to self-isolation and reporting of potential symptoms.

4. Return to Sport Arrangements

The Plan outlines specific sport requirements that Warringah Baseball Club will implement for Level B and Level C of the AIS Framework.

Warringah Baseball Club will transition to the training activity and facility use as outlined in Level B of the AIS Framework and the training/competition activities and facility use outlined in Level C of the AIS Framework when permitted under local restrictions and regulations.

Level B Baseball: Full training with small numbers (not more than 10 athletes/staff in total).

Level C Baseball: Full training and competition.

4.1 AIS Framework Arrangements

The protocols for conducting sport operations and facility operations under Level B and Level C of the AIS Framework are set out in the Appendix.

4.2 Roadmap to a COVIDSafe Australia

Warringah Baseball Club will also comply with the Australian government's [Roadmap to a COVIDSafe Australia](#), which places limits on the type of activity that can be conducted and the number of people who can gather at facilities, notwithstanding the activities permitted by the AIS Framework (see below).

AIS Activities	Level A: Training in no more than pairs. Physical distancing required.	Level B: Indoor/outdoor activity. Training in small groups up to 10. Physical distancing required.		Level C: Full sporting activity (training and competition) allowed. No restriction on numbers. Contact allowed.	
Roadmap Activities	N/A	Step 1: No indoor activity. Outdoor sport (up to 10 people) consistent with AIS Framework.	Step 2: Indoor/outdoor sport up to 20 people. Physical distancing (density 4m ²).	Step 3: Venues allowed to operate with up to 100 people with physical distancing. Community sport expansion to be considered consistent with AIS Framework.	Further steps TBC

5. Recovery

When public health officials determine that the outbreak has ended in the local community, Warringah Baseball Club will consult with relevant authorities to identify criteria for scaling back its COVID-19 prevention actions. Warringah Baseball Club will also consider which protocols can remain to optimise good public and participant health.

At this time the Committee of Warringah Baseball Club will consult with key stakeholders to review the delivery of its return to sport arrangements and use feedback to improve organisational plans and systems.

Appendix: Outline of Return to Sport Arrangements

Part 1 – Sport Operations

Area	Plan Requirements (for activities under AIS Framework Level B)	Plan Requirements (for activities under AIS Framework Level C)
Approvals	<p>The club must obtain the following approvals to allow a return to training at Level B:</p> <ul style="list-style-type: none"> • State/Territory Government approval of the resumption of community sport. • Relaxation of public gathering restrictions to enable training to occur. • Local government/venue owner approval to training at venue, if required. • National/state sporting body/local association approval of return to training for community sport. • Club committee has approved return to training for club. • Insurance arrangements confirmed to cover training. 	<p>The club must obtain the following approvals to allow a return to training/competition at Level C:</p> <ul style="list-style-type: none"> • Relaxation of public gathering restrictions to enable training to occur. • Local government/venue owner approval to training/competition at venue, if required. • National/state sporting body/local association approval to return to training/competition for community sport. • Club committee has approved return to competition for club. • Insurance arrangements confirmed to cover competition.
Training Processes & Hygiene	<ul style="list-style-type: none"> • Club to emphasise AIS Framework principle of “Get in, train, get out” – arrive ready to train. • We will monitor scheduling of training sessions to reduce overlap. • Training: small groups of up to 10 to train, non-contact skill drills to be used, use personal equipment where possible, provide hand sanitiser for shared equipment, certain sport activities not permitted during Level B training, no contact including high fives/hand shaking, no socialising or group meals. • Defined training areas for each training group, maintaining base density requirement of 4 square metres per person and physical distancing (>1.5 metres). • Sanitising requirements, including use of sanitising stations. 	<ul style="list-style-type: none"> • AIS Framework principles – full sporting activity that can be conducted in groups of any size (subject to COVIDSafe Roadmap) including full contact. • For larger teams (20+ including players, coaches and managers), maintain small group separation at training. • Limit unnecessary social gatherings. • Clearly outline nature of training permitted – coaches, managers and team up to 20 persons allowed. • Sanitising requirements continue from Level B. • Treatment of shared equipment continues from Level B.

	<ul style="list-style-type: none"> • Treatment of shared equipment (e.g. sanitise equipment before, during, after sessions) and use of such equipment to be limited. • No sharing of personal equipment. • Personal hygiene encouraged (e.g. wash hands prior to training, no spitting or coughing). • Guidance for travel arrangements (e.g. physical distancing on public transport, limit car pool/taxi/Uber use). • Training attendance register kept. 	<ul style="list-style-type: none"> • Personal hygiene encouraged (e.g. wash hands prior to training, no spitting) • Avoid coughing where possible and if so conduct in a discrete manner • Training/playing attendance register kept. 	 <p>Return to Activity Minimise the risk to yourself and others:</p> <ul style="list-style-type: none"> Maintain 1.5m distancing Stay home if unwell Frequently clean and disinfect communal areas Maintain good hand hygiene COVIDSafe Plans for Workplaces and premises QR Code for BNSW Back to Training Checklist
<p>Personal health</p>	<p>Personal health protocols:</p> <ul style="list-style-type: none"> • Graded return to sport to avoid injury. • Advice to players, coaches, volunteers to not attend if unwell (including any signs/symptoms of cold, flu, COVID-19 or other illness). • Washing of hands prior to, during and after training and use of hand sanitiser where available. • Avoid physical greetings (i.e. hand shaking, high fives etc.). • Avoid coughing, clearing nose, spitting etc. • Launder own training uniform and wash personal equipment. 	<ul style="list-style-type: none"> • Requirements continue from Level B. 	
<p>Communications</p>	<p>The communications plan to be adopted by the Club in communicating to players, coaches, members, volunteers and families:</p> <ul style="list-style-type: none"> • The club will brief players, coaches and volunteers on return to training protocols including hygiene protocols (by email, text/WhatsApp 	<p>The communications plan to be adopted by the Club in communicating to players, coaches, members, volunteers and families:</p> <ul style="list-style-type: none"> • The club will brief players, coaches and volunteers on return to training protocols including hygiene protocols (by email, text/WhatsApp 	



A COVIDSAFE BASEBALL NSW

COVIDSafe Training

Baseball NSW have provided a three-zone option for training on the diamond:

Each zone will be over 1000m² allowing plenty of room for movement safely around the diamond and avoiding other training groups. Each zone will be allowed up to 10 participants including a coach.

Up to 10 people allowed to gather in each activity zone, consistent with the NSW Public Health Order / Maintain social distancing protocols / Subject to local council approval / Adhere to BNSW recommended activity zones (see diagram).

QR Code for BNSW Back to Training Checklist



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Return to Activity
Minimise the risk to yourself and others:

- Maintain 1.5m distancing
- Stay home if unwell
- Frequently clean and disinfect communal areas
- Maintain good hand hygiene
- COVIDSafe Plans for Workplaces and premises
- QR Code for BNSW Back to Training Checklist

	<p>message and social media posts) and reinforcement of hand washing and general hygiene etiquette.</p> <ul style="list-style-type: none"> • Endorsement of government COVIDSafe app and encouragement to players, coaches, members, volunteers and families to download and use app. • The club will promote good personal hygiene practices in and around training sessions and in Club facilities by posting safety information around the club and providing hand sanitiser. 	<p>message and social media posts) and reinforcement of hand washing and general hygiene etiquette.</p> <ul style="list-style-type: none"> • Continued endorsement of government COVIDSafe app and encouragement to players, coaches, members, volunteers and families to download and use app.
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Part 2 – Facility Operations

Area	Plan Requirements (for activities under AIS Framework Level B)	Plan Requirements (for activities under AIS Framework Level C)
Approvals	<p>The club must obtain the following approvals to allow use of club facilities at Level B:</p> <ul style="list-style-type: none"> • State/Territory Government approval of the resumption of facility operations. • Local government/venue owner approval to use of facility, if required. • Club committee has approved plan for use of club facilities. • Insurance arrangements confirmed to cover facility usage. 	<p>The club must obtain the following approvals to allow use of club facilities at Level C:</p> <ul style="list-style-type: none"> • State/Territory Government approval of the resumption of facility operations. • Local government has given approval to use of facility, if required. • Club committee has approved plan for use of club facilities. • Insurance arrangements confirmed to cover facility usage.
Facilities	<p>How the club's facilities will operate:</p> <ul style="list-style-type: none"> • Facilities that are available during Level B restrictions; limited persons in toilets and only 2 canteen volunteers at a time; minimise use of communal facilities whenever possible. • Maintain mandated hygiene and cleaning protocols. • Provision of appropriate health and safety equipment, Personal Protective Equipment (PPE) masks and personal hygiene cleaning solutions for volunteers in the canteen. 	<p>How the club's facilities will operate:</p> <ul style="list-style-type: none"> • Return to full use of Club facilities. • Hygiene and cleaning protocols measures as per Level B. • Provision of appropriate health and safety equipment, Personal Protective Equipment (PPE) and personal hygiene cleaning solutions as per Level B.

Facility access	<p>Facility access protocols:</p> <ul style="list-style-type: none"> • Sign in with the Service NSW QR code. • Restrictions on facility access to limit anyone who has: <ul style="list-style-type: none"> – COVID-19 or has been in direct contact with a known case of COVID-19 in the previous 14 days. – Flu-like symptoms or who is a high health risk (e.g. due to age or pre-existing health conditions). – Travelled internationally in the previous 14 days. • Who may attend the club facilities: only essential participants should attend to minimise numbers; not more than one parent/carer to attend with children; gathering numbers should not exceed government allowances (COVIDSafe Roadmap maximum gatherings: 20 people) • Any spectators should observe physical distancing requirements (>1.5 metres). • Detailed attendance register to be kept. 	<p>Facility access protocols:</p> <ul style="list-style-type: none"> • Continue Level B protocols as appropriate. • Who may attend the club facilities: gathering numbers should not exceed government allowances of 20 people. • Any spectators should observe physical distancing requirements (>1.5 metres) and density requirements (one person per 4 square metres). • Non-essential personnel to be discouraged from entering equipment shed and storage rooms. • Physical distancing protocols including use of zones in clubrooms, change rooms, canteen including by use of physical zone indicators. • Canteen operations to include food and cash handling protocols, hygiene and cleaning measures and established zones. • Ground markers at a distance of 1.5 meters will outside the canteen and barbeque and signs reminding people to avoid congestion of people in the toilet facilities and in the queues for the canteen and barbeque. • General advice on physical distancing in club facilities including discouraging face to face meetings where possible, restricting site visitors, deferring or splitting up large meetings. • Detailed attendance register to be kept.
Hygiene	<p>Hygiene protocols to ensure regular sanitisation and cleaning of club facilities:</p> <ul style="list-style-type: none"> • Any safe hygiene protocols distributed by national/state sporting body or local association that will be adopted by club including: <ul style="list-style-type: none"> – Availability of hand sanitiser at entry/exit points to venue and elsewhere. – Protocols for sanitising stations, sanitising shared equipment, uniforms. – Cleaning standards – increase regular cleans and frequent wiping of high touch surfaces. – Displaying posters outlining relevant personal hygiene guidance. – Avoiding shared use of equipment. – Provide suitable rubbish bins with regular waste disposal. – Guidelines for sanitisation and cleaning of Club facilities]. 	<p>Hygiene protocols to ensure regular sanitisation and cleaning of club facilities:</p> <ul style="list-style-type: none"> • Continue hygiene and cleaning measures as per Level B.

Management of unwell participants	<p>Protocols to manage unwell participants at a club activity:</p> <ul style="list-style-type: none"> • Isolation/medical requirements for all players, members, volunteers and their families at the onset of any symptoms including club facilities that can be used to manage symptomatic participants. • Training of volunteers/club management on treatment of symptomatic participants and disinfecting of facilities used by such participants. • Notification protocols for notifying public health authorities and other attendees of symptomatic participants. 	<p>Protocols to manage unwell participants at a club activity:</p> <ul style="list-style-type: none"> • Measures as per Level B.
Club responsibilities	<p>The club will oversee:</p> <ul style="list-style-type: none"> • Provision and conduct of hygiene protocols as per the Plan. • The capture of a record of attendance at all training and club activities and maintaining an up-to-date log of attendance. • Coordination of Level B field and training operations. • Operation of the club's facilities in support of all Level B training activities in accordance with this Plan. 	<p>As per Level B.</p>